



## Immerse yourself in the Richmond Experience

### Visit the Richmond Football Club's facilities and be exposed to a world class sporting environment

- + Tour the Swinburne Centre at Punt Road Oval\*
- + Gain a behind-the-scenes look into the Richmond Football Club\*

### View an elite AFL training session

- + Students gain an elite perspective on training and preparation for game days\*
- + This includes warm ups & cool downs, drills & activities, skill development, coaching styles, team work & leadership

\*Training sessions and club tours are subject to availability on the day of your tour

### Gain an insight into the Richmond Institute of Sports Leadership and Sports Industry Pathways

- + Key information, experiences & opportunities available
- + Placement and career pathways in the sports industry
- + Tailored information to your current area of study

### Participate in a High-Performance Training Session

- + Train at a local elite fitness centre with exclusive access to recovery and training facilities
- + Participate in a high-performance training session designed specifically for each student's year level
- + Workout in an altitude chamber and recover in an ice-bath at the end of your session (available for all year levels)

*For detailed information regarding the training experience for each year level, please visit [richmondinstitute.com.au/richmond-experience](http://richmondinstitute.com.au/richmond-experience)*



## Richmond Experiences Options

### OPTION 1

Duration: 90mins

- + Visit the Richmond Football Club's facilities and be exposed to a world class sporting environment\*
  - + View an elite AFL training session\*
  - + Gain insight into the Richmond Institute of Sports Leadership and Sports Industry Pathway
  - + \$200 + GST (Up to 40 students)
- \*Free for groups of Year 12 students

### OPTION 2

Duration: 4 hours

- + Visit the Richmond Football Club's facilities and be exposed to a world class sporting environment\*
- + View an elite AFL training session\*
- + Gain insight into the Richmond Institute of Sports Leadership and Sports Industry Pathway
- + Participate in a High Performance training session
- + \$500 + GST (Up to 25 students)

\*Tour & trainings are subject to availability

[Click here to book](#)

For more information or to make a booking, please contact us:

**Email** [sportsleadership@richmondafc.com.au](mailto:sportsleadership@richmondafc.com.au)

**Mobile** 0473 111 109

**Website** [richmondinstitute.com.au](http://richmondinstitute.com.au)



# Richmond Institute of Sports Leadership

## OUR PURPOSE

### Develop the next generation of sports industry leaders

Developed and delivered in a unique collaboration between Richmond Football Club and Swinburne University of Technology

Combines a Diploma of Sport Development (SIS50319) and Diploma of Leadership & Management (BSB51918)



## GET YOUR STUDENTS INVOLVED

BRING YOUR STUDENTS IN FOR A RICHMOND EXPERIENCE

ORGANISE A BRIEF PRESENTATION TO BE HELD AT YOUR SCHOOL

## NEXT STEPS

STUDENTS CAN REGISTER THEIR INTEREST ON OUR WEBSITE: [RICHMONDINSTITUTE.COM.AU](http://RICHMONDINSTITUTE.COM.AU)

### FOLLOW US

 RICHMOND\_INSTITUTE  
 RICHMOND INSTITUTE

## PROGRAM INCLUSIONS

### ATHLETIC DEVELOPMENT

Students train in a high-performance environment with access to state of the art facilities and coaching. All students will complete practical strength and conditioning and sport skills sessions within their timetable each week.

### GUARANTEED UNIVERSITY PATHWAY

Students successfully completing the program can progress to a Swinburne university degree, in a range of undergraduate courses in Business, Exercise & Sport Science, Education and Health Science. Up to one year's credit into these degrees will also be provided.

### INSTITUTE AMBASSADORS

We regularly use a range of guest speakers, industry experts and formal ambassadors as part of the program.



### PLACEMENT AND EMPLOYMENT OPPORTUNITIES

Richmond Football Club, its subsidiary company Aligned Leisure, and businesses in the RISL Sports Industry Network are committed to providing real employment and placement opportunities.

### OUTSTANDING STUDENT EXPERIENCE

We focus on growing student's character, resilience and confidence so our graduates are match fit, work ready and life ready! Students also have the opportunity to attend international trips and gain extra qualifications including First Aid, ASCA Strength & Conditioning, Mental Health First Aid, ASADA Level 1 & 2, Sport Australia Coaching and Level 1 AFL.

*Please note: Students can apply for 2021 beginning in Term 2, 2020.*

### CONTACT US

**Email** [sportsleadership@richmondfc.com.au](mailto:sportsleadership@richmondfc.com.au)

**Mobile** 0473 111 109

### OTHER LOCATIONS

Albury Wodonga – Diploma of Sport Development (SIS50319) [richmondinstitute.com.au/Albury-wodonga/](http://richmondinstitute.com.au/Albury-wodonga/)

Mildura – Diploma of Sport Development (SIS50319) [richmondinstitute.com.au/mildura/](http://richmondinstitute.com.au/mildura/)

